



Neuro-proprioceptive Therapy (NPT) Taping LEVEL 1 Introduction to Leukoktape-K Taping Course VIRTUAL Course

Objectives and Course description:

Inform and instruct the participants on the basic principles and methods of Kinesiology taping. Following this training the participants will be able to:

- Conceptualize the method of neuro-proprioceptive taping
- Make the connection between neuro-muscular physiology and N.P.T. technique
- · Put into practice application, cutting techniques and use varied techniques according to different pathologies

Recommended attendees: Physiotherapists, Kinesiologists, Athletic Therapists, Chiropractors, Chiropodists, Occupational Therapists, Massage Therapists, Doctors, Rehabilitation Assistants

Training Educators:

Monica Graham, B.Sc (PT) is a physiotherapist with extensive training in treating neurological and orthopaedic populations. She combines both approaches to help clients reintegrate into sports, work, and recreational activities. Monica treats patients with neurological dysfunction or musculo-skeletal injury. She practices advanced acupuncture and is a clinical instructor within the Physical Therapy Department at the University of Toronto.

Jennifer Howey, B.Sc (PT) is a physiotherapist with many years experience in orthopaedic medicine and acupuncture. Through treating high level athletes, including the Olympic Rowing team, Jennifer has gained manual, taping, and return to sport skills which she incorporates into rehabilitating the downtown office worker, or chronic pain client. Jennifer owns InsideOut Physiotherapy & Wellness Group in Toronto and is a clinical lecturer within the Physical Therapy program at the University of Toronto

Date of course:	(month)		(date)	(year)
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ATT: Leukotape-K Taping course

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