



# Sahrmann Diagnosis and Treatment of Movement Impairment Syndromes Virtual Course - Lower Extremity

Shirley Sahrmann's Movement System Impairment Syndromes (MSI) courses offer the opportunity to learn how to properly observe, identify and treat impairments of the movement system.

**Shirley Sahrmann, PT, PhD, FAPTA** is Professor Emerita of Physical Therapy at Washington University School of Medicine, St. Louis, Missouri. Dr. Sahrmann has been a keynote speaker at the World Confederation of Physical Therapy, and has received numerous International awards. The MSI syndromes were developed by Shirley Sahrmann and have stood the test of time. These syndromes are described in her books, *Diagnosis and Treatment of Movement Impairment Syndromes and Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spine*.

### Course Description:

- Discuss the basis of the movement system and movement system impairment syndromes (MSI) of the lower extremity
- Describe causal and contributing factors in MSI of the lower extremity
- Formulate a diagnosis and place a patient into the proper diagnostic category
- Learn the standardized examination format for the lumbar spine and hip joint
- Describe the specific corrective exercises and their progressions for the lumbar spine and hip regions.

Date of course:	Saturday, November 23 + Sunday, November 24, 2024 9:00 AM - 4:00 PM (Toronto, Canada - Eastern Time Zone) both days		
Location of Course:	Course will be offered Virtually. Format will be through <i>ZOOM Video Meeting app</i> . Details will be sent to you prior to course date.		
Name:	_____		
Full Address:	_____		
	Promo Code:	_____	
Telephone:	_____	Email ( <b>required</b> ):	_____
Today's Date	(month) _____	(day) _____	(year) _____

**Cost of Course:** \$ 575 + 13% HST = **\$ 649.75** (CDN Funds)

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**Return completed Registration form to InsideOut Physiotherapy & Wellness Group by email.**

METHOD OF PAYMENT	
<input type="checkbox"/> VISA	Card Number: _____
<input type="checkbox"/> MasterCard	Expiry Date: _____ / _____
<input type="checkbox"/> American Express	Name on Card: _____
<input type="checkbox"/> Cheque	Payable to: <b>InsideOut Physiotherapy</b> and mail to: InsideOut Physiotherapy & Wellness Group 1200 Bay Street, Suite 502 Toronto, ON M5R 2A5 ATT: Sahrmann course

**CANCELLATION POLICY:** Full refund less \$75 Administration Fee on or before October 1, 2024  
 50% refund less \$75 Administration Fee between October 2 - November 1, 2024  
 NO refund on or after November 2, 2024