



# Mastering the Foundation of Movement System Diagnosis - Sahrman Approach Virtual Course - Neck and Shoulder

Dr. Shirley Sahrman's work is the **cornerstone of modern movement system diagnosis and treatment** in physiotherapy.

**Shirley Sahrman, PT, PhD, FAPTA** is Professor Emerita of Physical Therapy at Washington University School of Medicine, St. Louis, Missouri. Dr. Sahrman has been a keynote speaker at the World Confederation of Physical Therapy, and has lectured at numerous universities from around the world. The MSI syndromes were developed by Shirley Sahrman and have stood the test of time. These syndromes are described in her books: **Diagnosis and Treatment of Movement Impairment Syndromes** and **Movement System Impairment Syndromes of the Extremities, Cervical and Thoracic Spine**.

**Course Description:** This advanced course provides physiotherapists with a **structured, impairment-based approach** to the diagnosis and treatment of **movement system impairments of the neck and shoulder**.

Participants will gain advanced clinical reasoning skills through:

- Clear diagnostic frameworks
- Standardized examination procedures
- **Live patient demonstrations with expert analysis**

Date of course:	Saturday, April 11 + Sunday, April 12, 2026 9:00 AM - 4:00 PM (Toronto, Canada - Eastern Time Zone) both days		
Location of Course:	Course will be offered virtually through <b>ZOOM app</b> . Details will be sent to you prior to course date.		
Name:	_____		
Full Address:	_____		
	_____	Promo Code:	_____
Telephone:	_____	Email ( <b>required</b> ):	_____
Today's Date	(month) _____	(day) _____	(year) _____

- Cost of Course:**  **Early Bird Registration \$ 625 + 13% HST = \$ 706.25 (CDN Funds) before or on Feb. 20th**  
Includes **Saturday, April 18<sup>th</sup>** review of the systematic Upper Extremity evaluations with Jennifer Howey from InsideOut Physiotherapy (virtual through Zoom app)
- Regular Registration **\$ 625 + 13% HST = \$ 706.25 (CDN Funds) after Feb. 20<sup>th</sup>**
- Add-On \$ 100 + HST = **\$ 113.00 (CDN funds) after Feb. 20th**  
Additional review on **Saturday, April 18<sup>th</sup>** review of the systematic Upper Extremity evaluations with Jennifer Howey from InsideOut Physiotherapy (virtual through Zoom app)

InsideOut Physiotherapy & Wellness Group  
1200 Bay Street, Suite 502  
Toronto, ON M5R 2A5  
Tel: 416 - 925 - 0050  
Fax: 416 - 925 - 0060  
Email: [info@insideoutphysio.com](mailto:info@insideoutphysio.com)  
Website: [insideoutphysio.com](http://insideoutphysio.com)

**Return completed Registration form to InsideOut Physiotherapy & Wellness Group by email.**

METHOD OF PAYMENT	
<input type="checkbox"/> VISA	Card Number: _____
<input type="checkbox"/> MasterCard	Expiry Date: _____ / _____
<input type="checkbox"/> American Express	Name on Card: _____
<input type="checkbox"/> Cheque	Payable to: <b>InsideOut Physiotherapy</b> and mail to: InsideOut Physiotherapy & Wellness Group 1200 Bay Street, Suite 502 Toronto, ON M5R 2A5 ATT: Sahrman course

**CANCELLATION POLICY:** Refund less \$75 Administration Fee on or before March 10, 2026  
**NO** refund on or after March 11, 2026